

## LIGHT BREAKFAST

### OATMEAL 9

Brown sugar, choice of milk  
(2%, cream, soy or almond) **V**

### SEASONAL FRUIT CUP 6

### COCONUT MUESLI 4

### YOGURT PARFAIT 5.5

### BREAKFAST SANDWICH 4.5

With bacon 5.5

### CEREAL 6

With choice of milk  
(2%, cream, soy or almond) **V**  
Rice Krispies, Frosted Flakes,  
Corn Flakes, All Bran, Special K,  
Fruit Loops

## POWER BOWLS

### MATCHA COCONUT POWER BOWL 12

Coconut muesli, banana, pineapple,  
kiwi, matcha powder, crunchy  
granola, toasted sesame **GA** **V**

### GREENS, GRANOLA & BERRIES POWER BOWL 12

Almond toasted granola, seasonal  
berries, spinach, arugula, vanilla  
bean crème fraîche **GA** **V**

## FROM THE BAKERY

### DAILY MUFFIN 2.50

### PAIN AU CHOCOLAT 5.25

### DAILY LOAF 2.5

### DAILY SCONE 3.75

### TOAST WITH BUTTER & JAM 4

White, multigrain, whole wheat

## BEVERAGES

### FOUNTAIN DRINK 4

### FRESH BREWED COFFEE 4

Regular or Decaffeinated (20oz)

### SELECTION OF TEA 3

### ICED TEA/LEMONADE 3

### HOT CHOCOLATE 3

### SELECTION OF

### FRUIT JUICES 4

### SKIM, 2% OR CHOCOLATE MILK 4

## THE EXTRAS

### CRISPY BACON 3

### BREAKFAST SAUSAGE 3

### HAM 3

### HASHBROWNS 4

### YOGURT 2.75

## CRACKED EGGS

*Served with pan fried hash browns or breakfast greens  
(greens, tomato, cucumber, lemon vinaigrette)*

### TWO FREE RANGE EGGS 10

Any style **GA**

\*Add bacon, ham or pork sausage 3

### MUSHROOM OVERLOAD OMELETTE 13.5

Local mushrooms, goat cheese, thyme

**GA** **V**

### EGG WHITE OMELETTE 15

Egg whites, spinach, feta **GF** **V**

### HORSERADISH PESTO & SUN DRIED TOMATO OMELETTE 16

Horseradish pesto, sun-dried  
tomatoes, pine nuts, smoked gouda

**GA** **V**

### EGGS BENEDICT 15

Free range eggs, Canadian back  
bacon, hollandaise **GA**

### STEAK & EGGS 18

8oz sirloin, horseradish pesto,  
balsamic roasted tomatoes

## PANCAKES, FRENCH TOAST & WAFFLES

### OLD SCHOOL BUTTERMILK PANCAKES 9

Stack of three, maple syrup,  
whipped butter **V**

### CLASSIC FRENCH TOAST 9

Stack of three, maple syrup,  
whipped butter **V**

### LEMON & BLUEBERRY RICOTTA PANCAKE STACK 11.5

Ricotta pancake, meyer lemon curd,  
blueberry compote **V**

### WAFFLES WITH BACON

### TOFFEE 12

Waffle, salted caramel bacon toffee,  
whipped cream

\*Add bacon, ham or pork sausage 3

## JOIN US FOR WEEKEND BRUNCH!

*Saturdays, Sundays & Holidays  
9 am to 2 pm*

### HUEVOS RANCHEROS 16

Crispy corn tortilla, bacon, guacamole,  
refried beans, roja picante, pico de gallo,  
crispy onion, goat cheese, cilantro, one  
egg any style **GA**

### THE RECOVERY WAFFLE

### FRIES NACHOS 15

Waffle fries, tex-mex cheese, peppers,  
beans, pico de gallo, green onion aioli,  
BBQ sauce, jalapeños, cilantro, corn,  
one egg any style **GF** **V**

### BUTTERMILK CHICKEN & WAFFLES 18

Buttermilk waffles, buttermilk chicken  
strips, green onion aioli, maple syrup

### SMOKED SALMON BENNIE 18

Hollandaise, free range eggs,  
smoked salmon, grilled asparagus,  
hash browns **GA**

### SMOKED SALMON & AVOCADO TOAST 17

Sourdough bread toast, smashed  
avocado, Atlantic smoked salmon,  
red onion, fried caper, dill basil aioli,  
one egg any style **GA**

## BRUNCH BEVVIES!

*9:30 am to 2 pm*

MIMOSA

BLOODY MARY

PINT OF DRAFT BEER

HOUSE RED OR WHITE WINE

**\$5**

QUALITY  
&  
local

Scarlet is proud to prepare your meal with quality ingredients  
from local suppliers, wherever we possibly can.

**GA** Gluten Free Available

**GF** Gluten Free

**V** Vegan

**V** Vegetarian

Please notify staff of any allergies or dietary needs when ordering.

SCARLET

**CRAFT KITCHEN**